



USAOTC Family Program's Community Binder of Events and Information

June 2013: Issue II

June is National PTSD Awareness Month: Spotlight Resource Section



Week 2: Challenge Beliefs

This week's step challenges you to think about all the benefits of getting help for PTSD, supporting someone in treatment, and more. Take the step at

http://www.ptsd.va.gov/about/ptsd-awareness/ptsd_awareness_month.asp

AboutFace



Learn about posttraumatic stress disorder (PTSD) from Veterans who live with it every day. Hear their stories. Find out how treatment turned their lives around.

For more information visit <http://www.ptsd.va.gov/apps/AboutFace/>

Love Our Vets



Love Our Vets answers over 60 heartfelt questions, providing down to earth wisdom and much needed tips for taking care of yourself. Sharing as a counselor and from her personal experience of living with a 100% disabled veteran with PTSD, Welby O'Brien gives hope, encouragement, and practical help for families and loved ones who are caught in the wake of the trauma. This book addresses a broad spectrum of issues and concerns, and offers realistic wisdom from a wide variety of individuals who share from real hearts and lives. For more information visit www.loveourvets.org

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Scan the USAOTC Family Program's QR code



CALL, CLICK, CONNECT:

For more information contact the
USAOTC Family Program Assistant:

Email:

usarmy.hood.attec.mbx.otc-frg@mail.mil

Office: (254) 288-9964

Cell: (254) 368-3650

Visit:

www.facebook.com/USAOTC

[USAOTC Family Program Events](#)

Community Resource Links:

Resources and Information at your fingertips!

Fort Bragg:

www.bragg.army.mil/fbr/pages

Fort Sill:

sill-www.army.mil/pages/AtoZ.htm

Fort Bliss:

www.bliss.army.mil/Communityresourceguide

Fort Huachuca:

www.army.mil/info/organization/huachuca/

Fort Hood:

www.hood.army.mil/resources

FMWR:

Fort Bragg:

Fortbraggmwr.com

Fort Sill:

www.sillmwr.com

Fort Bliss:

blissmwr.com

Fort Huachuca:

mwrhuachuca.com

Fort Hood:

Hoodmwr.com

NATIONWIDE:

Are you Good & Ready?: With hurricane season upon us, you can never be too safe. Visit Good & Ready, a free online emergency preparedness program led by Points of Light, with Ready.gov, the American Red Cross and the Federal Alliance for Safe Homes, Inc. - FLASH. You'll find plenty of tools and resources you can use to keep your family and community safe in any emergency at www.goodandready.org



Dial 211 for (free and confidential) Essential Community Services: Dialing "2-1-1" provides individuals and families in need with a shortcut through what may be a bewildering maze of health and human service agencies' phone numbers. By simply dialing 211, those in need of assistance are referred, or connected, to appropriate agencies and community organizations. Dialing 211 helps the elderly, the disabled, those who do not speak English, those who are having a personal crisis, those who have limited reading skills, or those who are new to their communities, among others, by providing referrals to, and information about, health and human services organizations and agencies. Types of Referrals Offered by 211 include Basic Human Needs Resources, Physical and Mental Health Resources, Work Support, Support for Older Americans and Persons with Disabilities, Children, Youth and Family Support, Emergency Suicide Prevention. For more information visit <http://211us.org/> or simply dial "2-1-1"

Free Masters Program: The National Defense University has a free masters program for Federal civil service pay grade of GS/GM-12 or equivalent/military officer rank of O-4 or above (and meet the minimum eligibility criteria). There are no fees for Department of Defense students in iCollege courses or programs. This includes all course offerings and the Advanced Management Program (AMP) but may not include special offerings such as executive or special seminars. Note: Military members in the Reserves or National Guard must be in active duty status at the time the course is in session and present orders to receive the DoD tuition waiver. For more information contact The Office of Student Services at (202)685-6300, email iCollegeOSS@ndu.edu or visit <http://www.ndu.edu/icollege>



MINIMUM ELIGIBILITY CRITERIA:

- 1. U.S. Government Affiliation-** Federal government civilian employees, military officers, non-federal government employees (state and local government), and private sector employees sponsored by a government agency.
- 2. Education-** All applicants must possess a Bachelor's degree from a regionally accredited U.S. institution or the equivalent from a foreign institution. Additional for M.S. Degree Program: The minimum grade point average (GPA) considered for admission is a 3.0 on a 4.0 scale for all previous undergraduate work. In cases where the undergraduate GPA is below a 3.0, a cumulative GPA of 3.5 in 12 or more graduate credit hours (from NDU iCollege or other graduate programs) may be used to determine eligibility.
- 3. Pay Grade/Rank, Experience-** Varies by NDU iCollege Program:
 - Master of Science (M.S.): Federal civil service pay grade of GS/GM-12 or equivalent/military officer rank of O-4 or above. Non-federal employees, to include state and local government, must be of an equivalent grade. Private sector employees must be of an equivalent grade and sponsored by a government agency. Private sector employees must provide a résumé detailing last 5 years of employment history as part of their application.
 - Advanced Management Program (AMP), Certificate Programs, & Professional Development Program (PD): Federal civil service pay grade of GS/GM-12 or equivalent/military officer rank of O-4 or above. Non-federal employees, to include state and local government, must be of an equivalent grade. Private sector employees must be of an equivalent grade and sponsored by a government agency. Private sector employees must provide a résumé detailing last 5 years of employment history as part of their application.
 - CFO Leadership Program (CFO): Federal civil service pay grade of GS/GM-14 or equivalent/military officer rank of O-5 or above. (High performing GS/GM-13s and O-4s are also eligible on a case by case basis.) Non-federal employees, to include state and local government, must be of an equivalent grade. Private sector employees must be of an equivalent grade, sponsored by a government agency and provide a résumé detailing last 5 years of employment history. Documented Knowledge of Financial Management/Experience: Undergraduate or Graduate degree in finance or business field, CPA, CGFM or CDFM or three years of federal financial management experience is required.

Lowes Build and Grow Free kids clinic: Monsters University Chest Saturday, June 22 at 10:00 AM or Sunday, June 23 at 2:00pm. The monster fun continues at Lowe's! Your child will love building this chest inspired by Disney Pixar's Monsters! Register at www.lowesbuildandgrow.com

Virtual Mental Health Fair: The Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE) will host an online "Virtual Mental Health Fair" on Facebook, from 9 a.m. to 5 p.m. (EDT) June 19. Government and non-profit organizations dedicated to mental health care for service members, veterans and their families will showcase their resources in a virtual exhibit hall where beneficiaries, caregivers and health care providers can browse among booths to view and access resources. Fair-goers will see photos (booths) of each organization where they will find select links to information and resources. Additionally, participants will be able to join live question and answer chats at the booths during pre-appointed hours. To attend the virtual fair, just visit the DCoE page on Facebook June 19. http://dcoe.health.mil/MediaCenter/News/details/13-06-04/DCoE_Facebook_Event_Promotes_Mental_Health_Resources.aspx

Be prepared with TRICARE State specific e-alerts: With the hurricane season underway, TRICARE created state-specific e-alerts for beneficiaries who want the latest information about how TRICARE has been affected during and after severe weather in their area. To sign up, go to: <http://go.usa.gov/bnnj>

Don't forget to check out additional nation wide events by clicking the link here: [Fliers, Information, Events \(Nation Wide\)](#)

F **Blended Families Support Group & Workshop:** July 1, 8, 15. Workshops are held quarterly in three Session Intervals at Oveta Culp Bldg 18000 from 0930-11:30. All three sessions must be attended to receive a certificate. Call 254-287-5066 to enroll.

O **Fort Hood CYSS Give Parents A Break:** For children ages 6 weeks-11 yrs old, Give Parents A Break offers opportunities that gives parents a break for a bit of respite time and for children to participate in fun activities . Offered every 2nd Saturday (from noon to 6:00pm) and every 4th Friday (from 7:00pm to 11:00pm) of the month. Children must be registered through CYSS. For reservations call Meadows CDC at 254-553-8353 or Walker School Age care at 254-287-7950.

NPSP Home Visitations: Licensed, masters-levels social workers & registered nurses available to provide support and service to military families with children up to 3 years of age. The NPSP is FREE and home visitors can answer questions, bring information/resources on topics relating to parenting young children. Topics includes: nutrition, potty training, discipline, child development, safety, breastfeeding and more. For more information call 254-287-2286.

R **42nd Annual Spring Ho "Saddles, Spurs and Springs:** July 8-14 in Lampasas, Celebrating the Lampasas Springs on the second full weekend in July since 1972! Offering something for everyone with fire-works, street dances, carnival, parade, arts & crafts, children's activities, and lots of great Texas food. Vendors located on the bank of Sulphur Creek. For more information visit www.SpringHo.com

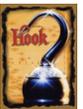
Mayborn Planetarium & Space Theater: Dads get in free with any purchase of a child's ticket during the month of June! located on the campus of Central Texas College in Killeen. The Planetarium offers shows on Friday and Saturday evenings every hour from 7 – 10 p.m. On Saturday afternoon, the matinee schedule now includes six shows beginning at 11 a.m. with shows every hour through 4 p.m. New Sunday shows at 2, 3 and 4 p.m. Check out Warren's Star Tour on June 27 at 7pm! 24/hour recorded information: 254-526-1800 or for more information visit www.starsatnight.org

T **Looking for a fun and free activity to do with Dad this weekend?** Pick up FREE tickets for the 4th Annual Father's Day Comedy All-Stars show featuring John Witherspoon on June 15 at 8 pm at the Harker Heights ECenter. Tickets available from 8 am- 5 pm Monday- Friday at the Phantom Warrior Center, Building 194, Room 126. Limited tickets available, first come first served.



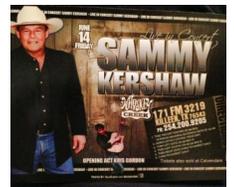
Summer Reading programs at Lampasas Public Library, Have Book-Will Travel!: Children (ages 4-10 yrs) - Mondays, Wednesdays, & Fridays 10-11 & Teens (ages 11-17 yrs), Tuesdays 11am-12pm. On June 18 teens can check out instruments from all over the world, including Ireland, Africa, the Caribbean and China from Percussionist, Mark Shelton. Lampass public library is located at 201 S. Main Street. Call 254-556-3251 for more information.

H **Movies In The Park:** Saturday, June 15 in West Temple Park, 121 Montpark Road, pre movie activities start at 6:30pm, Free! Bring a lawn chair, blanket, family and friends and join us for a great night of family fun! For more information, please call 254.298.5440.

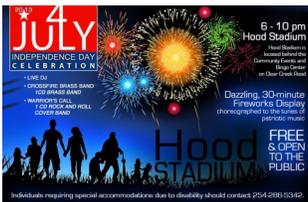


Lions Junction Family Water Park, Temple TX: **Troop Tuesdays**-Every Tuesday Military Members, Dependents, and Retirees get half price admission with valid Military or Dependent ID! **Senior Splash Day**-Every Monday, our more mature audience (ages 50 and up) get in FREE with admission of a grandchild! **Costume Party Nights** include fun games, music and costume contest! The next Costume party night is July 2 from 7pm-9pm with a luau theme! **Larry's Special Conductor's Day**- Gates open early on select days for anyone with special needs to enjoy the water park to themselves before the sun gets too hot and crowd rolls in! Larry's Special Conductors get in FREE, friends and family pay normal gate admission. Upcoming Conductor's Day is July 13 from 9:30am to 11:00am. For more information call 254-298-5930. The water park is located at 5000 S. 5th street.

Live In Concert, Sammy Kershaw!: Come out for a good time and supports Operation Once In A Lifetime Fort Hood's Operation Kickin' Cancer! Friday, June 14, 8:00p.m. at Whiskey Creek! Pre sale tickets are \$15 each or \$20 at the door. Pre sale tickets sold at the [Sgt Leevon Ritter Support Your Troops Resale Center](#) (located at 315 E. Ave C in Killeen) or Whiskey Creek. For more information call 254-200-9205.



O **Independence Day Celebration:** Fort Hood's 4th of July celebration will take place at Hood Stadium from 6-10pm. There will be a live DJ, Crossfire brass band (1CD Brass Band) and Warrior's Call (1CD Rock and Roll Cover Band), food & beverages, with a dazzling, 30 minute firework display. FREE & Open to the public! There will be a on post shuttle service operating from 5-11pm , arriving and departing from scheduled stops approximately every 15 minutes.



D For more information, flyers, events and freebies click on the link below to view our Fort Hood/Central Texas Flyers:
[Fort Hood Central Texas: Events, Information and Announcements](#)

F **Budgeting for furlough:** Are you concerned with the financial impact the furlough will have on your finances? The Budgeting for Furlough class, offered by the Financial Readiness Program at Army Community Service, will address how to prioritize your bills and reduce your loan payments or interest, and provide numerous tips and resources to help you during this time. Budgeting for Furlough will be offered on the following dates and times at ACS, 2494 Ricker Road on West Fort Bliss: Tuesday, June 18 from 5-6 p.m., Thursday, June 20 from 9-10 a.m., Tuesday, June 25 from 9-10 a.m., Tuesday, July 2 from 5-6 p.m., Tuesday, July 16 from 9-10 a.m. Preregistration is required; register online at www.blissmwr.com/frp. For more information, call (915) 569-4227.

O **Megamind at Freedom's Crossing:** It's a MEGA Play Date on Saturday, June 15th! The fun begins at 10am with a showing of MEGAMIND and The Grand Theatre. Tickets are just \$3.50 for all ages and includes popcorn and a kid's drink. Then join the free and fun family activities at the Play Area from 11am-2pm. Bring the kiddos and we'll see you here June 15th!

R **Freedom's Crossing Let Freedom Sing Concert Series:** Free! Saturday, June 22, 7:00p.m. at Freedom Crossing Event Lawn. Check out 30H!3 perform at the upcoming concert series!



T **PGA Women's Golf Month:** Join Underwood Golf Complex and the PGA in celebrating Women's Golf Month in June. All month long, women who are not members of Underwood Golf Complex enjoy FREE greens fees; women who are club members get FREE range balls. Tee times by appointment only. Underwood Golf Complex is located at 3200 Coe Ave., near the Logan Heights housing area. For more information, call (915) 568-1059.

B **Get out your dice and get ready to roll ... it's Bunco time:** June 20, Girls Just Want To Have Fun (80's Theme). The historic Pershing Pub will host Bunco nights on select Thursdays at 6:00pm. Each night will feature a fun theme, with snacks and beverages to match. For just \$10, you get your Bunco buy-in with theme snacks included. You'll be playing for great prizes, too! For more information call 915-781-6809.

B **Fun In The Sun BBQ:** Join Better Opportunities for Single Parents and celebrate family, friends and summer fun! FREE! June 30 from 1:00-5:00p.m. at Biggs Park, East Fort Bliss! Food-Fun-Family-Free! The event is free and open to Fort Bliss' single parents and their children: active-duty, Reserve, National Guard, DA/DoD civilians, veterans and retirees are welcome. Dual military families are welcome, as well. Biggs Park is located at 11388 Sergeant Major Boulevard on East Fort Bliss. For more information, call (915) 569-5500.



L **Melodies at the Park:** The City of El Paso Parks and Recreation Department will host Melodies at the Park on June 16, 2013 from 7:30 to 9:30 PM at Westside Community Park at 7400 High Ridge. Mariachi Cuahtemoc will be performing and there will be food vendors. For more information email: romeroba@elpasotexas.gov

S **Free Computer Classes:** The City of El Paso Parks and Recreation Department is offering free one hour Computer Classes for beginners to learn basic computer skills on Mondays and Wednesdays at 4:00 p.m. at the Rae Gilmore Recreation Center, 8501 Diana St. Classes will teach participants keyboard training, usage of the internet, computer mouse usage along with an introduction to Microsoft Office, (Word, Power Point and Excel.) The classes are open to ages 6 and older. For more information call (915) 751-4945.

S **Downtown Street Fest:** June 28th & 29th! Tickets are available at all area 7-Eleven stores. Tickets are \$20 per day or \$35 for both days, tickets for children (Ages 12 and Under) are \$5.00 and will only be available at the gate!

S **Feed The Families Food Drive:** Kick off on June 26 at 11am at the commissary with live music, giveaways, food sampling and all attendees are entered into a drawing to win a free grill! The drive runs from June 26-August 26. Federal employees and the CHCO Council are joining together to collect 1.5 million pounds of food nationwide! Please bring non perishable items to any of the following collection points: ACS, Soto Physical Fitness Center, 1st Armored Division HQ, Logan Heights Physical Fitness Center, Army Medical Center, Balfour Beatty Community Center at Kelly Park, or Fort Bliss Commissary. For more information call 915-569-4227, ext. 7.



F **Farmers market:** The Lawton Farmers Market is now open on Saturdays, from 8 a.m. to 1 p.m. at Great Plains Coliseum, 920 SW Sheridan Rd. There will be locally grown vegetables, fresh eggs, homemade soaps, and baked goods. Food vendors serve breakfast and lunch on most Saturdays. For more information, visit the Lawton Farmers Market Facebook page.

O **Okla. Tornado Relief Concert:** Saturday, June 15, 2013 at 1:00 pm hosted by Coffee Creek Outdoor Music Complex, American Red Cross, 5007 N. Hwy 81, Marlow, OK 73055. Gates will open around noon. Music to begin around 1:00 p.m. 100% of all ticket sales will go to the American Red Cross. Adult tickets - \$10 – Student tickets - \$5 – Kids five and under Free. Bring a lawn chair, pop up tent. Coolers will be allowed. NO glass bottles! For more information and to view the line up of performers visit www.coffeecreekmusiccomplex.com

R **5th Annual Cops and Kids Poker Run:** June 22, 2013, 9am -2:30pm. at Elmer Thomas Park Lawton, OK 73501. Pre-registration for the 5th Annual Cops & Kids Poker run will be held at the following location: June 15th, 10-2pm at MC Leathers & More (404 W Gore). Cash prizes for best & worst hand! \$25 Hand (pre-register), \$30 Day of the Event, \$5 extra hand. Raffles! Prizes! Live Music! All bikes & cars welcome!



T **Veterans Expo of Benefits:** For veterans and spouses on Friday, June 28, 2013, 10:00 am - 2:00 pm at Great Plains Technology Center 4500 SW Lee Blvd Bldg. 300, Lawton, OK. For more information Contact: Red River Vet Center, 580-525-5880.

2013 Summer Kids Movie Series: \$4.00 admissions includes kids popcorn, drink and snack! Carmike 8, Lawton, Ok, Thursdays at 10am For more information visit www.carmike.com/Events/Category/8

UFC 161: Join us at Fort Sill's Impact Zone on Saturday, June 15 for the showing of UFC 161 live on pay-per-view. Watch as Rashad Evans takes on Dan Henderson in a light heavyweight bout. Also catch a light heavyweight bout between Shogun Rua and Rogerio Nogueira and a heavyweight bout between Roy Nelson and Stipe Miocic. The Impact Zone doors will open at 6 pm with a \$3 cover charge. The fight begins at 9 pm. Enjoy food and beverage specials throughout the evening. For more information, call (580) 442-0355.

S **Youth Center:** June – Aug. 15 offers Youth Center Summer Activities! The Youth Center Summer Activities will run through Aug. 15 at the Youth Center, 1010 Fort Sill Blvd. The Youth Center will offer a variety of FREE activities each day starting at 1 p.m. The youth center is open to all eligible CYSS patrons who have finished the 6th – 12th grade for school year 2013. For more information, call the Youth Center at (580) 442-6745.

I **Fort Sill Golf Course:** The Fort Sill Golf Course is open to the public Tuesday - Friday for open play. Weekend play is still reserved for authorized users, family members and their guests. Currently, hours of the course are from dawn to dusk. Use the practice green after the sun goes down with the new arena lights, which illuminate the area so golfers can still practice chipping and putting. For Info call the Pro Shop at (580) 442-5441.

L **Teen Summer Reading Program:** The free teen summer reading program meets Tuesdays at 1 p.m. This program is designed to encourage teens to maintain their reading skills over the summer. Teens can win a prize for every hour of reading. Register online at <https://usarmy.evanced.info/nye/sr/homepage.asp> or by clicking on the Nye Library Events Registration link on the Nye Library homepage. Games, activities, and crafts! Teens can register to participate and win prizes through Aug. 6. For more information call 442-2048



L **Tour of the Wichitas:** Saturday, June 22, 2013 at 8:00 a.m, Fort Sill Polo Club (Grubber Road) Packet Pickup: June 22, 2013 from 7:00 am - 8:00 am at the Polo Club. A beautiful ride through Ft. Sill and the Wichita Mountains. You will be leaving the Polo Club at 8:00 a.m. on Saturday and riding either 12, 24, 38, 46, or 53 miles through some of the most beautiful scenery in Oklahoma. Register at www.bikereg.com/Net/19405

Looking for more information? Events? Free activities?

Click Here: [Fort Sill: Flyers, Events and Information](#)

F IDGA's 5th Annual Soldier Equipment & Technology Expo: June 18-20th. Attend the most comprehensive equipment and technology exhibition for America's Soldiers ! IDGA's 5th Annual Soldier Equipment & Technology Expo is your opportunity to examine the immediate and future needs of Warriors! Register today for your FREE Expo Pass for unlimited knowledge sharing and networking opportunities. For more information or to register visit www.soldierequipmentexpo.com

O A Mid Summer's Night River Tour: Friday June 14, 2013, 7-9pm at Campbellton Landing Parking Lot. Enjoy a leisurely 2-hour evening tour of the Cape Fear River, learning about Fayetteville's early importance as a colonial port city and trade center, exploring many historic features along the river, and enjoying the natural beauty of the river, flora, and animals. For more information visit http://www.fcpr.us/transportation_museum.aspx or call (910) 433-1457.

r Kings Dominion is giving active duty free admission with a one day pass on July 4 or 5, Carowinds is giving active duty free admission one day on July 3 rd or 4th. Those tickets are available at the park gate. Family and friends tickets can be bought at Leisure Travel for \$34.00 each.

t U.S. Open Pro-Am Golf Tournament: Saturday, June 15, Tee time: 7:30 am. Stryker Golf Course. Entry fee \$10, Call (910) 396-3980 for more information.

Free Movie Night at the Beach: Saturday, June 15! Free! Open to the public! Yes, it's that time of year again! Come out to Smith Lake Recreation for this family fun event and watch Madagascar 3! Call (910) 396-5979 for more information.



B Newcomers Orientation and Bus Tour: Tuesday, June 18, from 9am - noon, Casablanca Neighborhood Community Center, 625 S. Lucas Drive. RSVP required. Call (910) 907-3507/3374 for reservations and information. Register online at www.fortbraggmwr.com/register-for-a-class. Limited FREE childcare is available pending funding availability. Children must be registered with CYSS.

r Commissary Schedule beginning July 8 through Sept. 30, 2013: All commissaries will closed on Mondays; this is in addition to regularly scheduled closure days. Commissaries normally closed on Mondays will close one additional day per week, in most cases Tuesday. For more information visit <http://www.fortbraggmwr.com/wpcontent/uploads/2011/08/commissary-info.pdf>

a Father & Child Fishing: Families are invited to the John E. Pechmann Fishing Education Center next door to Lake Rim Park to try their hand at fishing. All ages; Sat., June 15; 9 am-noon; Free! Please bring your own poles and bait (no minnows). This is catch and release only. For more information visit www.fcpr.us

g Spring Concert Series: Friday, June 14 from 6:30p.m. to 8:30p.m. at Cape Fear Botanical Garden. The family friendly Friday evening concert series returns to the Garden! Enjoy special musical performances from local artists. Don't forget to bring your blanket or lawn chair ! Performing live on June 14- Coconut Groove Band- A unique blend of tropical rock. For more information call 910-486-0221.

g The Fourth of July is right around the corner! While the area's main event won't be taking place this year, there is still plenty to do with the family & tons of fireworks that will take to the sky! Events start on Sunday, June 30 continuing right up to the Fourth of July! Check out the great list of what's to come by visiting fayettevillecvb.informz.net

JULY 4TH FUN IN AMERICA'S HOMETOWN!
A CELEBRATION TO REMEMBER IN FAYETTEVILLE & CUMBERLAND COUNTY

The logo for Fort Bragg, featuring a stylized figure of a soldier in a blue uniform with a rifle, set against a circular background.

BOOK YOUR HOTEL ROOM | HAPPENINGS AROUND FORT BRAGG COMMUNITIES | Find Us On: f t+ y p s

Looking for more information? Events? Free activities?
Click Here: [Fort Bragg: Flyers, Events and Information](#)

F O R T H U A C H U C A

East Gate: Beginning June 17, the East Gate will close to inbound traffic at 1 p.m., Monday through Friday and remain closed on weekends and holidays. Currently the East Gate has only one lane open to inbound traffic after 1 p.m. Outbound lanes will remain open. This upcoming change of inbound traffic is a result of budget constraints and furlough impacts.

Dueling Pianos: Free! A high energy, all request, sing-along, clap-along, rock, comedy piano show, where the audience is just as much a part of the show as the entertainers. Dueling Pianos is set for June 15 beginning at 7 p.m. at Thunder Mountain Activity Centre. Admission is free, a pay-as-you-go bar and short order menu will be available. For more information, call 533-3802 or 533-7322.



Old School Night: Everyone is invited to "old school night" June 15 starting at 9 p.m., following Dueling Pianos, at Thunder Mountain Activity Centre. Come dance the night away to DJ music from the 80s, 90s and today. Admission is free. Free finger foods and a pay-as-you-go bar will be available. For more information, call 533-3802 or 533-7322.

Moonlight Movie: Free! Watch "Hotel Transylvania," on Saturday, June 22 at Irwin Pool. The movie will start at dusk. Free popcorn, hot dogs, water and soft drinks will be provided, while supplies last. For more information, call 533-3354 or 266-0254.



"Healthy Habits for Summer Fun": The Sierra Vista Regional Health Center Wellness Depot and the University of Arizona Cochise County Cooperative Extension will be presenting an informational talk on "Healthy Habits for Summer Fun." This class will provide tips for parents and caregivers to help children have a healthy and happy summer. Topics included are: staying active on hot days, sun safety, and healthy hydration tips. The presentation will be held on Friday, June 21 at 10 a.m. at the Wellness Depot. For more information on this or any other event at the Wellness Depot in the Mall at Sierra Vista, please call 459-8210.

Murray Springs History Walk: The Friends of the San Pedro River offer a history walk on Saturday, June 15 to Murray Springs Clovis Site. Join a trained docent to visit one of the premier Clovis cultural sites just a few miles east of Sierra Vista. See Clovis artifacts and learn about these people who hunted Ice Age mammals including mammoths some 13,000 years ago. The walk is suitable for most adults and children. Bring good walking shoes, hat, water, sun protection, and a snack. Meet at 8 a.m. at the Murray Springs Parking Area accessed from Moson Road a mile north of Highway 90. Call 459-2555 or visit sanpedroriver.org for directions to these sites and further information.



Resilient Spouse Academy: Register for the upcoming classes! July 15-19, 8:30-4:30 at TMAC, RSVP by July 10th by calling 520-533-3107. Free training, child care and lunch! Free childcare (Children must be registered through CYS) but space is limited!

Training Sessions for CyberPatriot: The AFA computer network defense competition for high school students, free! Open to any high school student or Civil Air Patrol cadet, teacher, or school district employee in Cochise or Santa Cruz counties, the training sessions are for those interested in becoming a part of this national competition. 3 sessions will be held on June 22, July 13, and July 27, 9 a.m. to 1 p.m. They are currently scheduled for the Sierra Vista campus of Cochise College, but if there is enough interest, they will be extended to the College's satellite campuses in Benson, Douglas, Nogales, or Willcox, as needed. Dan Guilmette, CIS/Security Instructor, will lead the sessions. The courses will teach the students how to detect, identify, and fix network vulnerabilities, such as malware (viruses, keyloggers, Trojans, etc.), out-of-date software, poor network administration practices, and more, for networks running the Windows or Linux Ubuntu operating systems. No prior knowledge is needed. Space at the Sierra Vista campus is limited, so early signup is recommended. To sign up, or for more information, contact Dan Guilmette at 515-5431, e-mail guilmetted@cochise.edu, or Ross Lampert, Cochise Chapter CyberPatriot Coordinator, at 378-3607, e-mail afazona@cox.net.

Movies in the Park Series: Movie- The Pirates! A Band of Misfits (rated PG) Saturday, June 15 at dusk (about 7:00 p.m.) FREE at Centennial Pavilion Veterans Memorial Park Join us again for free entertainment for the whole family! Schedule is subject to change due to inclement weather. For more information, call Megan Sneary at 458-7922.

238th Birthday Celebration: On Friday, the Army will celebrate its 238th birthday. Fort personnel will conduct a U.S. Army Birthday Run, at 6 a.m., which begins and ends on Warrior/Sentinel Field. Immediately following the run, there will be an Army birthday cake cutting ceremony on the field. Fort personnel, their family members and the local community, are welcome to join in the celebration. The 238th year of the Army is also the 60th anniversary of the Korean War and the 40th anniversary of the All-Volunteer Force. Motorists should expect disruptions in the flow of traffic in the vicinity of Warrior-Sentinel Field on the day of the event, and, if possible, should plan alternate driving routes and avoid the area until mid-morning.

Looking for more information? Events? Free activities?

Click Here: [Fort Huachuca: Flyers, Events and Information](#)

Read the Vista 411 Newsletter June/July publication: sierraVistaAZ.gov

USAOTC Family Program's Page

SAVE THE DATE!

U.S. Army Operational Test Command Assumption of Command Ceremony: Please join us for the Assumption of Command Ceremony as we welcome Colonel Scott A. Spellmon and Family to Operational Test Command. Wednesday, June 19, 2013 at 9:00a.m. at Operational Test Command Headquarters, West Fort Hood.

Farewell in honor of Mr. Amato: OTC Personnel, Families & Friends are invited to the US Army Operational Test Command Farewell in honor of Mr. James Amato on June 24, 2013, 4:30 p.m. in the TCR. The farewell will include an Italian buffet from Giovanni's. The attire is casual/duty. The cost is \$11 per person. Please RSVP not later than June 14th and provide payment not later than June 18th to Ms. James-Stewart, at 254-288-9300 or via email at usarmy.hood.atec.mbx.otc-rsvp@mail.mil. Please join us on June 24 after work for food and fellowship as we bid farewell to our Executive Director.

USAOTC Army Birthday Cake Cutting Ceremony: Please join us on Friday, June 14 in the OTC Foyer at 3:00p.m. as we celebrate the Army's 238th Birthday!



USAOTC Hail & Farewell: Join us for the upcoming Hail & Farewell on June 28, 2013, 5:30p.m. at The Round Rock Express, Dell Diamond Baseball park in Round Rock, TX. All OTC personnel and families are invited to attend! \$26 per person (\$5 parking fee not included). RSVP and monies are due NLT June 21 to Ms. James-Stewart, at 254-288-9300 or via email at usarmy.hood.atec.mbx.otc-rsvp@mail.mil.

USAOTC Family Program's "Bluebonnet Sunset" Painting With A Twist Night! Thursday, July 25, 6:00p.m. - 8:00p.m. at Harker Height's Painting With A Twist Studio. Looking to get together for a relaxing night of good food, good fun and painting? Join us for a relaxing night at Painting With A Twist! OTC's painting with a twist event kicks off with yummy treats at 5:30 pm and painting starts at 6:00 pm. \$30 per person, Please register using the link and registration password (USAOTC): <http://www.paintingwithatwist.com/events/viewEvent.aspx?eventID=131938>



Shout Outs!



Congratulations to OTC's Fernando Sanchez, who recently received his Bachelor of Science Degree!



Congratulations to Cody Oliver, son of Jennifer Oliver! This amazing young man graduated in the top 10% of his high school class and recently earned his Eagle Scout badge!!